

# Virtual Hearings

## Getting help and support

If you are taking part in your Hearing virtually, it is important you get the help and support you need. There are lots of organisations who can help you. This flyer provides you with more information.

### Advocacy



You can find a list of all the Advocacy Organisations in your area at: [www.hearings-advocacy.com](http://www.hearings-advocacy.com)

### Legal representatives



You can find a list of Legal Representatives in your area at: [www.slab.org.uk/new-to-legal-aid/find-a-solicitor/](http://www.slab.org.uk/new-to-legal-aid/find-a-solicitor/)

### Parentline



You can contact Parentline on 08000 28 22 33 or at [www.children1st.org.uk/parentline](http://www.children1st.org.uk/parentline). Parentline Scotland offers free telephone and online advice and support.

### Other supports

You can contact the Reporter if you have any questions. Contact details for local teams is available [here](#). You can also contact your Social Worker, who should be able to offer you support and advice.